



SPSC FALL REC 2024 - GROUP PROGRAM SCHEDULE:
SEPT 17 - DEC 14, 2024

Tuesdays (13 Classes) @ Glen Allan Rec Complex

Sept 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26, Dec 3, 10

Pre-Canskate A	6:15-6:45pm	Pre-Canskate B	7:00-7:30pm
Canskate A	6:15-7:00pm	Canskate B	7:00-7:45pm

Wednesdays (13 Classes) @ Millennium Place

Sep 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4, 11

Pre-Canskate	4:15-4:45pm
Powerskating A	4:15-5:05pm (4-5yr olds)
Powerskating B	5:05-5:55pm (U7 & U9)
Pre-Canskate	6:00-6:30pm
Canskate	6:00-6:45pm

Thursdays (12 Classes) @ Millennium Place

Sept 19, 26, Oct 3, 10, 17, 24, ■, *, Nov 7, 14, 21, 28, Dec 5, 12 (*No classes Oct 31)

Powerskating B	5:30-6:20pm (U7 & U9)
Pre-Canskate	6:30-7:00pm
Canskate	6:30-7:15pm

Fridays (13 Classes) @ Glen Allan Rec Complex

Sept 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, 29, Dec 6, 13

Pre-Canskate	6:20-6:50pm
Canskate	6:20-7:05pm
Powerskating C	7:15-8:15pm (U9 & U11)

Saturdays (12 Classes) @ Glen Allan Rec Complex

Sept 21, 28, Oct 5, 12, 19, 26, Nov 2, ■, *, 16, 23, 30, Dec 7, 14 (*No Classes Nov 9)

Pre-Canskate A	10:15-10:45am	Pre-Canskate B	11:00-11:30am
Canskate A	10:15-11:00am	Canskate B	11:00-11:45am