



SPSC 2024 WINTER REC PROGRAMMING JANUARY 6TH- MARCH 16TH 2024

**Programs run at Glen Allan Rec Center (GARC) and Millennium Place (MP)*

CANSKATE SESSIONS (CS): *Skaters ages 5-15

CS #1- SATURDAY- 10:15-11:00 (GARC) JAN 6- MAR 16
CS #2- SATURDAY- 11:00- 11:45 (GARC) JAN 6- MAR 16
CS #3- TUESDAY- 6:45-7:30 (GARC) JAN 9- MAR 12
CS #4- WEDNESDAY- 6:00-6:45 (MP) JAN 10- MAR 13
CS #5- THURSDAY- 6:30-7:15 (MP) JAN 11- MAR 14



PRE-CAN SESSIONS (PRE-CS): *Skaters ages 3-4

PRE-CS #1- SATURDAY- 10:15-10:45 (GARC) JAN 6- MAR 16
PRE-CS #2- SATURDAY- 11:00-11:30 (GARC) JAN 6- MAR 16
PRE-CS #3- TUESDAY- 6:45-7:15 (GARC) JAN 9- MAR 12
PRE-CS #4- WEDNESDAY- 6:00-6:30 (MP) JAN 10- MAR 13
PRE-CS #5- THURSDAY- 6:30-7:00 (MP) JAN 11- MAR 14



POWERSKATE SESSIONS (PS):

***Skaters will be grouped according to age criteria of the program**

PS #1- FRIDAY- 6:15-7:15 (GARC) JAN 12-MAR 15

PS #2- FRIDAY- 7:15-8:15 (GARC) JAN 12-MAR 15

PS #3-SPMHA-WEDNESDAY- 4:15-5:00 (MP) JAN 10- MAR 13

PS #4- SPMHA-WEDNESDAY- 5:00-5:45 (MP) JAN 10- MAR 13

PS #5- SPMHA-THURSDAY- 5:30-6:30 (MP) JAN 11- MAR 14